

BENJAMIN SHAH

PERSONAL INFORMATION

Current Location: 123 Anywhere St., Any City
Phone: 123-456-7890
Email: benjaminshah@gmail.com
Driver License: C-Class (Manual) etc

SUMMARY

Highly motivated and physically fit worker with a Safety-First mindset, seeking an entry-level position (Mining Labourer / Utility / Trades Assistant) in a FIFO capacity. Proven ability to maintain high productivity levels during 12-hour shifts in demanding, high-temperature environments.

Committed to strict adherence to OH&S protocols, Hazard Identification, and JSA requirements. Reliable, punctual, and fully available for 2/1 or 3/1 rosters with a long-term commitment to site safety and team success.

CERTIFICATIONS & TICKETS

- White Card (General Construction Induction)
- Manual Driver's License (C-Class)
- First Aid & CPR (HLTAID011) – Current and valid.
- Working at Heights & Confined Spaces
- Standard 11 (Mining Induction) – (In progress or highly willing to obtain).

CORE COMPETENCIES

Safety & Compliance:

- Hazard Identification: Proactive in identifying and reporting workplace risks.
- Toolbox Talks: Active participation in daily safety briefings and pre-start meetings.
- PPE Adherence: Strict compliance with Personal Protective Equipment requirements at all times.
- JHA/SWMS: Experienced in following Job Hazard Analysis and Safe Work Method Statements.

Technical & Physical Skills:

- Manual Handling: Trained in safe lifting techniques for heavy loads.
- Power Tools: Proficient in the safe operation of drills, grinders, and jackhammers.
- Heat Tolerance: Proven ability to work outdoors in temperatures exceeding 40°C.
- Communication: Efficient use of two-way radio protocols for site safety.

WORK EXPERIENCE

Labourer / Construction Worker | Various Employers (Australia/Europe) **Jan 2026 - Present**

- Performed daily Toolbox talks and contributed to site safety briefings.
- Maintained clean and hazard-free work areas to prevent incidents.
- Operated light machinery and followed strict Safe Work Method Statements (SWMS).
- Demonstrated reliability with a 100% attendance record on long-shift rosters.

Utility / Hospitality Staff | Name of Hotel/Resort **Feb 2025 - Dec 2025**

- Maintained impeccable cleanliness and food safety standards in high-volume environments, strictly following sanitation protocols.
- Managed industrial cleaning equipment and chemicals safely (MSDS knowledge).

Landscaping & Grounds Maintenance | Name of the company **Feb 2024 - Dec 2024**

- Environmental Resilience: Worked outdoors in various weather conditions, demonstrating the physical stamina and heat tolerance required for Australian mining site environments.
- Safe Equipment Operation: Expertly operated and maintained petrol-powered tools (mowers, brush cutters, blowers) while strictly adhering to safety protocols and wearing full PPE.

EDUCATION

- White Card (CPCWHS1001) – Australia, 2025.
- High School Diploma (General Science) – France, 2018.
- Certificate in Work Health & Safety – (Mention any related short course).

LANGUAGES

English: Professional Working Proficiency (Able to follow complex safety instructions).

French: Native.

REFERENCES

Please find below the contact details of my referees, who can attest to my professional reliability, strong work ethic, and the high quality of my work.

Liam O'CONNOR
Restaurant Manager – The Blue Wave Café
(Sydney, NSW)
Phone: +61 412 345 678
Email: l.oconnor@bluewavecafe.com.au
Relationship: Former direct supervisor (6 months)

Sarah MILLER
Farm Supervisor – Sunshine Fruit Picking
(Mildura, VIC)
Phone: +61 498 765 432
Email: s.miller@sunshineharvest.com.au
Relationship: Former manager during harvest season