

QUENTIN DUPUIS

LABOURER

CONTACT

- 04 78 123 456
- quentin.dupuis@email.com
- 11 Oat Street, Sydney, NSW
- Driver License

PROFILE SUMMARY

Hardworking and reliable labourer with over 5 years of experience in construction, landscaping, and general site maintenance. Skilled in operating power tools, manual labor, and following safety protocols to ensure efficient and high-quality work. Physically fit, able to work in demanding environments, and experienced in working both independently and as part of a team. Available for immediate start.

EDUCATION

2021
TAFE QUEENSLAND

- Certificate III in Construction & Safety

2016
LYCÉE DES MÉTIERS, MARSEILLE

- High School Diploma - Technical & Industrial Studies

CERTIFICATIONS

- White Card (General Construction Induction Training), Australia, 2021
- Forklift License (LF), Australia, 2021
- Working at Heights Certification, Australia, 2021
- First Aid & CPR Certification, Australian Red Cross, 2021

LANGUAGES

- English: Fluent
- French: Native

WORK EXPERIENCE

Sydney Builders Group
Construction Labourer

January 2025 - Present

- Assisted tradespeople with construction tasks, including mixing cement, carrying materials, and assembling scaffolding.
- Operated power tools such as drills, saws, and jackhammers safely and efficiently.
- Maintained a clean and organized worksite, ensuring all safety standards were met.
- Loaded and unloaded construction materials, ensuring timely availability for workers.
- Dug trenches, leveled surfaces, and prepared foundations for concrete pouring.
- Followed site supervisor instructions and complied with Australian workplace safety regulations.

Brisbane Civil Works
General Labourer

July 2024 - November 2024

- Performed general site maintenance, including debris removal and equipment handling.
- Assisted in roadwork projects, digging trenches and setting up safety barriers.
- Transported heavy materials and tools across the worksite using forklifts and pallet jacks.
- Assembled and dismantled temporary structures and scaffolding.
- Worked in extreme weather conditions while maintaining efficiency and productivity.
- Adhered to strict occupational health and safety guidelines to prevent accidents.

SKILLS

- General Labour & Site Maintenance
- Power Tools & Machinery Operation
- Heavy Lifting & Manual Handling
- Construction Safety & Compliance
- Excavation & Concrete Work
- Warehouse Logistics & Inventory
- Landscaping & Groundskeeping
- Teamwork & Communication
- Ability to Work in Extreme Conditions

REFERENCES

Mark Thompson

Site Supervisor, Sydney Builders Group

☎ 04 56 789 123

✉ mark.thompson@email.com

James Raynold

Project Manager, Brisbane Civil Works

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Pierre Martin

Supervisor, BTP France

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Logitics Solutions

January 2020 - June 2024

Warehouse Labourer

- Loaded and unloaded goods from trucks using forklifts and manual handling techniques.
- Organized stock in the warehouse, ensuring proper storage and labeling.
- Conducted quality control checks to ensure shipments met company standards.
- Assisted with inventory management and stock replenishment.
- Maintained a clean and hazard-free work environment.
- Worked effectively in a fast-paced team environment to meet delivery deadlines.

BTP Marseille

June 2018 - September 2019

Construction Site Assistant

- Supported construction workers with daily tasks such as cement mixing and bricklaying.
- Carried out demolition work, including removing debris and dismantling structures.
- Helped with assembling and installing metal frameworks.
- Operated basic machinery under supervision.
- Followed instructions from foremen and adhered to safety protocols.
- Conducted routine maintenance on tools and equipment.

Paysagisme du Sud

June 2017 - September 2018

Landscaping Labourer

- Assisted in garden maintenance, including mowing, weeding, and pruning.
- Dug and prepared soil for planting and landscaping projects.
- Installed irrigation systems and maintained water supply for green areas.
- Transported heavy materials such as soil, mulch, and stones.
- Operated basic landscaping machinery, including lawnmowers and hedge trimmers.
- Ensured all landscaping projects were completed on time and met customer expectations.